

YOUR JOURNEY

TO BECOMING EXAM READY



WELCOME TO LEVEL 2 HEALTH AND SOCIAL CARE (PRINCIPLES AND CONTEXTS)



The City & Guilds/WJEC consortium Level 2 Health and Social Care: Principles and Contexts is suitable for you if you are over 16 and are interested in learning more about the health and social care sectors. It is suitable if you have already achieved a Level 1 qualification or if you have no previous knowledge of the health and social care sectors. The qualification enables you to develop and demonstrate your knowledge, skills and understanding within the context of health and social care practice.

The knowledge, understanding and skills you are required to achieve within this qualification build on the content of the Level 2 Health and Social Care: Core qualification. It is strongly recommended that, if you are undertaking this qualification, you have completed or are currently undertaking the Level 2 Health and Social Care: Core qualification.

It is a requirement of Social Care Wales that an individual working within the social care sector will need the Health and Social Care: Core qualification to work within specific job roles. Therefore, if employment after this qualification in the sector is your aim, you will need the Level 2 Core qualification plus this one.

PLANNING AHEAD...

By studying Level 2 Health and Social Care: Principles and Contexts, you will be able to develop and demonstrate your knowledge, skills and understanding within the context of health and social care services. In particular, you will be able to demonstrate that you:

- understand the core principles and values which underpin health and social care practice and can apply them to a range of health and social care contexts
- understand the ways in which individuals' unique needs can be identified and responded to
- can reflect on how person-centred approaches are adopted in health and social care contexts
- understand job roles and functions within the health and social care sector
- understand the ways in which different settings, agencies and services work together to provide care for individuals

- can use literacy, numeracy and digital competency skills as appropriate within your study

This qualification provides a coherent, satisfying and worthwhile course of study for you even if you do not progress to further study in this subject area. It provides a suitable foundation for the study of Health and Social Care and Childcare at GCE AS or A level, in addition to providing a suitable foundation for a range of Level 2 or Level 3 qualifications within the Health and Social Care and Childcare suite. It will also help you make informed decisions about a wide range of career pathways. It has been designed to include contemporary issues in relation to the provision of an ethical and sustainable health and social care and childcare system in Wales, and to enable you to make informed decisions about further learning opportunities or continuing into related career choices.

There are two mandatory units within this qualification which is usually completed in one year.

GIVE IT YOUR ALL!

TOP TIPS

Get used to reading articles in the media and online to increase your knowledge and understanding of all the content within the qualification.

Consider fictional case studies to gain an understanding of the different care needs of individuals and how services are accessed, etc.

Think about how individuals' care needs can be best met and how core values can be assured in different situations.

Think about factors that can cause changes to individuals' health and well-being throughout life stages

Ensure you engage with the sector: visits, work placements, listening to speakers, online webinars, etc.

Watch health and social care related programmes on-line and/or on TV to research and explore the topics you will cover in class.

WELLBEING GUIDANCE

Take baby steps.

Remember this is a journey and you will pick skills and knowledge up along the way.

Take regular breaks from studying.

Exercise, meet friends, spend time with family.

Look after yourself.

Make sure you are getting a balanced diet and get enough sleep.

Try to stay positive.

Even if you don't feel like it, a positive attitude will help you.

Remember that everyone's different.

Try not to compare yourself to others.

HOW ARE YOU ASSESSED?

Unit 1: Promoting health and well-being throughout the life stages

This is externally assessed. There will be a written examination in January and May/June every year. You can have two opportunities to sit this assessment, if required, and the best mark will stand.

Unit 2: Health and social care to support outcome-focused provision for person-centred care

This unit is internally assessed. As part of this unit, you must undertake a minimum of **ten days of sector engagement**, of which at least **five days** (30 hours) must be spent undertaking a **work placement**.

You will need to complete two non-examination assessment (NEA) assignments under controlled conditions.

Assignment 1: based on a case study

Assignment 2: based on your sector engagement

These will be marked by your teacher and submitted to WJEC for moderation.

